

Pre- Imaging Instructions

In order to ensure that your examination is done properly and your images reflect accurate readings please follow the following instructions:

- ❖ Do not wear restrictive clothing to the exam
- ❖ No prolonged sun exposure (especially sunburn) 5 days prior to your exam.
- ❖ No use of lotions, creams, powders, or makeup on scanned areas the day of the exam.
- ❖ No treatment (chiropractic, acupuncture, massage, physical therapy, electrical muscle stimulation, ultrasound, hot or cold pack use) of the area to be scanned for 24 hours before the exam.
- ❖ No exercise 4 hours prior to your exam.
- ❖ No shaving on the day of the exam to avoid skin abrasions.
- ❖ If bathing, it must be no closer than 1 hour before the exam.
- ❖ No warm or cold beverages 2 hours prior to imaging.
- ❖ Do not drink alcohol 12 hours prior to the test.
- ❖ If you are using pain medications, please avoid taking them for 4 hours prior to the examination.

You must consult with your prescribing physician for his/her consent prior to any change in medication use such as this.

Please note:

During the examination you will be disrobed exposing the areas to be imaged, this allows the surface temperature of the body to acclimate with the room. A male or female technician will be performing all your imaging.

The total time necessary to complete your examination is approximately 30 minutes to 1 hour dependent on the type of scan required.

If you have any further questions, please feel free to contact our office at **902-869-0203**.

I have read and understood and will comply with the instructions stated above.

Name (Print): _____

Signature: _____

Date: _____

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